



# *Heart of Life*

Centre for Spiritual & Pastoral Formation



## SPIRITUAL LEADERS

2022

One Year Part-time Program for the  
Formation of Spiritual Leaders

*To enliven the divine spark in people's hearts  
through contemplative formation*

## **Aim**

The Spiritual Leaders Program focuses on personal integration of the theory and practice of a contemplative and discerning approach to pastoral ministry.

## **For Whom is this Program Designed?**

This Program is a one year, part-time program for people in various positions of leadership, spiritual formation and outreach ministries.

It is designed for the following people:

- priests, ministers and members of religious Orders
- lay ecclesial ministers
- community and spiritual leaders
- chaplains
- pastoral carers
- and those in health and education.

Attendance is one half day per week  
- Friday mornings from 9.30am to 12.30pm - in Semesters 1 and 2.

Individual supervision is also held on Friday afternoons on a rotating basis, that is, approximately once per month depending on the number of participants in the Program. There is generally a limit of ten participants.

Participants must attend two Reflection Weekends, the dates of which appear on the back of this brochure.

## **Pre-requisites**

Applicants must be involved in some form of ministry.

## **Diploma in Theology, Bachelor of Theology, Bachelor of Ministry**

On successful completion of the Spiritual Leaders program, participants receive a Certificate of Completion from Heart of Life.

Spiritual Leaders can also be credited for 36 points toward the Diploma in Theology, Bachelor of Theology or the Bachelor of Ministry. Each of these courses of study may be undertaken at Yarra Theological Union (YTU), which is a college of the University of Divinity.

The Diploma in Theology requires completion of eight standard undergraduate units.

The Bachelor of Theology or Bachelor of Ministry requires completion of 24 standard undergraduate units.

More information on the above University of Divinity awards is available at: [www.divinity.edu.au/study/our-courses/](http://www.divinity.edu.au/study/our-courses/)

## **Content**

Using a contemplative, experiential approach to learning, the Program includes the following seminar work:

- the leadership exercised by Jesus
- Christian prayer and mysticism
- spiritual practices in world religions
- the nature and source of interior movements
- discernment of spirits
- contemplative decision-making.

It also incorporates the following:

- individual supervision
- peer group supervision of ministry
- written and oral verbatims

- role plays
- supervised 1:1 ministry in small groups
- two reflection weekends.

## Assessment

Assessment is based on the following in each of Semesters 1 & 2:

- Four written verbatim reports of 500 words each
- a 1000-word personal reflection focusing on: the theory and practice of a contemplative approach to spiritual leadership (Sem 1), and the theory and practice of discernment in spiritual leadership (Sem 2)
- a 1000-word personal and professional evaluation on spiritual leadership as experienced and critically reflected upon
- ongoing and final assessment by supervisors.

## 2022 Fees

### [Spiritual Leaders Program](#)

*The following fees are a guide until the 2022 fees are available.*

The fee for students studying Spiritual Leaders in 2021 is \$3,465.

This fee is made up of \$2,490 for Tuition and \$975 for Reflection Weekends & Student Amenities.

All fees are to be paid either in full at the start of Semester 1, or in two equal parts at the start of each of Semester 1 and 2.

### [Diploma in Theology, Bachelor of Theology, Bachelor of Ministry](#)

For those wishing to study the Spiritual Leaders Program as part of the *Diploma in Theology*, the *Bachelor of Theology* or the *Bachelor of Ministry*, the following fees apply: \$3,408 for Tuition and \$975 for Reflection Weekends & Student Amenities, totalling \$4,383.

Applicants should contact the University of Divinity for information on the fees for the remaining units in the above awards.

Government FEE-HELP is available for tuition fees to qualifying Australian citizens. Please note however that FEE-HELP *does not* cover the Reflection Weekends & Student Amenities fee of \$975.

For more information on FEE-HELP, see [www.studyassist.gov.au](http://www.studyassist.gov.au)

To apply, applicants must select 'FEE-HELP' as their payment method when completing their course enrolment forms. Proof of Australian citizenship must be provided. After processing, applicants will receive an email that enables them to apply for FEE-HELP through the online eCAF portal.

Fees will continue to be charged to FEE-HELP unless the student advises YTU of a change to upfront fee payment. Contact YTU for more information.

## Refund / Cancellation Policy

Heart of Life's Fee Refund Policy provides for the refund of student tuition fees or the recrediting of a FEE-HELP balance before Census Date, or after Census Date when special circumstances apply. See our Fee Refund Policy at [www.heartoflife.melbourne](http://www.heartoflife.melbourne)

## Application Process

Please complete the Spiritual Leaders application form at:

[www.heartoflife.melbourne](http://www.heartoflife.melbourne) and include a short spiritual autobiography (approximately 500 words), as well as two written references from people who know you and your ministry well.

Applications for the 2022 Spiritual Leaders program close on 30 November 2021.

On receipt of an application, arrangements will be made for a personal interview.

Please address applications to:

*Paul Beirne  
Director  
Heart of Life  
Rear 41 Stanhope Street, Malvern VIC 3144  
Australia  
Email: [info@heartoflife.melbourne](mailto:info@heartoflife.melbourne)*

### **SPIRITUAL LEADERS CALENDAR 2022 - Dates to be confirmed**

*Program (including Orientation)  
commences*

*18 February*

*Semester 1*

*(Term 1)*

*18 February-1 April*

*(Term 2)*

*29 Apr-10 June*

*Semester 2*

*(Term 3)*

*29 July-9 September*

*(Term 4)*

*7 October-18 November*

*End-of-Year Missioning of Graduates*

*21 November*

*2 x compulsory reflection weekends*

*Dates to be advised for May &  
October weekends*



#### **Heart of Life Centre for Spiritual & Pastoral Formation**

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