

# TASTER SESSION SILOAM 2022

## Becoming a Spiritual Director through Heart of Life...

### *Washing in the pool of Siloam*

*The particular 'washing' offered through our Siloam Program is a cleaning out of ways of thinking that no longer work for us. We thirst to live our life authentically, we long for the freedom to choose to be our true self and to know wholeheartedly that the sacred Mystery is entwined in such a desire.*

*The Siloam Program mirrors the movement identified in John 9:7. It is with the opening of the eyes (of the heart and of the soul) and then being, we are able to embrace a new vocation, a new 'vision' and, at the most fundamental level, a new mission.*

*The focus in Siloam is on being attuned to the spirit of God in ourselves and in the other person. The practice is to offer a compassionate, contemplative, listening heart to another in the ancient tradition of Spiritual Direction. The direction we speak of is towards God and our true freedom.*

*The warm presence and care of another moves us to a freedom to speak about whatever is deep within our heart and in doing so be valued and encouraged. We all long to be listened to and validated.*

*Siloam in practice and in its study components is based on experiential learning. Our lived history, our relationship with the Holy, our place in family and community, our desires and vulnerability make us who we are – we welcome real people to Siloam.*

### **Come and see for yourself.**

- Via Zoom or in-person at Heart of Life, Malvern
- Saturday 14 August 2021, 9.30am-11am
- Register via this link (<https://www.trybooking.com/BSUNV>) or call or email us for further information - (+61 3) 9890 1101, [office@heartoflife.melbourne](mailto:office@heartoflife.melbourne)
- 2022 Siloam Program applications close on 30th November 2021. Our places are limited and so we encourage applications as early as possible.



## Heart of Life

Centre for Spiritual & Pastoral Formation

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