

# Let the Heart Listen

This part-time formation program is an invitation to:

- enter into a process of transformation, connecting you with the deeper mysteries of your own heart
- open your heart in compassion for, and connection to and with others
- deepen your relationship with your Divine Companion, especially in the vulnerable aspects of your life

A 15 week x 3 hour program

Thursdays, 25 February to 17 June 2021

9.30am - 12.30pm

Facilitators: Carole Carmody rsm, Julie Adam

## **Seminar Work**

*Principles of listening and discernment*

*Facilitated group participation*

*Guided reflection*

*Feedback from facilitators and peers*

*Self and peer evaluation*



Application form available from  
[www.heartoflife.melbourne](http://www.heartoflife.melbourne) or [info@heartoflife.melbourne](mailto:info@heartoflife.melbourne)

Bookings close 18 Feb 2021. Cost \$680



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