



Heart of Life

Centre for Spiritual & Pastoral Formation



EMMAUS

Program for the Formation of Supervisors

(In-person or via Zoom)

Feb 2023 to Jun 2024, Part-time

*To enliven the divine spark in people's hearts
through contemplative formation*

The foundation of the Emmaus Supervision Program:

Awareness... in the Breaking of the Bread

Two disciples leave Jerusalem on a seven-mile journey to the village of Emmaus. Their demeanour is downcast as they reflect on the life of Jesus of Nazareth in whom they had placed such faith and hope until his untimely, brutal death snatched him from them. On their journey, they are joined by a third person who responds to their confusion and despondency by contextualizing the life and death of Jesus in the spread of salvation history.

The Emmaus Supervision Program draws directly on this encounter. It is Christocentric in its spirituality, praxis-oriented, and firmly based in grounded theory.

Aim

To form competent, experienced Supervisors.

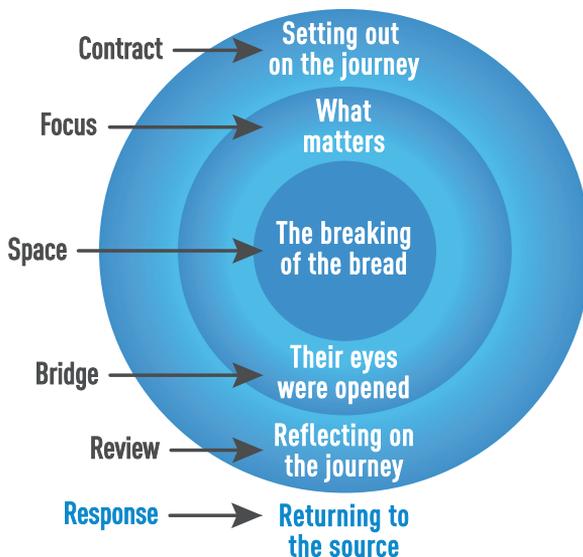
The lecturers and supervisors at Heart of Life foster a contemplative approach whereby supervisors-in-formation become more and more attuned to discernment in themselves and in their supervisees.

Pre-requisites

Applicants are expected to have:

- at least five years' experience in their particular ministry
- an ability to reflect on their experience and ministry
- at least six months of receiving individual ministry supervision
- basic study in theology, spirituality, scripture or psychology
- have a level of English IELTS 5.5 General, with

The Supervision Journey in the Emmaus Program



'What matters...' (taken from Jesus' question to the two disciples: 'What matters are you discussing as you walk along?'; also having a dual meaning).

'The breaking of the bread' (the critical moment in the Emmaus story, again with a dual meaning of 'breaking open' other possibilities in our experience).

'Their eyes were opened...' (with the dual meaning of recognising the risen Christ and experiencing deeper insights into ourselves and others).

'Reflecting on the journey' ('Were not our hearts burning within us while He talked with us on the road and opened the Scriptures to us?' Luke 24:32)

(based on the supervision model 'Cyclical Model as a Container', copyright Steve Page & Val Wosket, 2001)

at least 5.0 in each of the four bands

- a psychological assessment (by arrangement, if one not already available)
- personal interview, by arrangement.

Emmaus Supervision Program

The Emmaus Supervision Program is available for face-to-face learning or via Zoom, hence applicants from Melbourne as well as interstate and overseas may apply.

The Emmaus approach to formation is soundly experiential and is based on theological, biblical and social sciences theory and praxis. A discerning, contemplative attitude is integral to seminars and practical work.

Regular reflection, prayer time and a commitment to one's own spiritual development are essential to the program.

On successful completion of the program, participants will receive a Certificate of Completion from Heart of Life.

Content

The theory and practice of supervision is undertaken as Intensives.

Participants will:

- be required to supervise for 80 hours
- undertake individual and group supervision with the presentation of a set number of verbatims, which are both detailed and praxis-oriented, and include a theological reflection
- be required to attend all supervision modules.

It is preferred that participants attend the supervision Intensives in-person where possible.

The program also includes participation in the 14-week seminars 'Discernment' and 'Spirituality of Human Life Stages'.

Assessment

Assessment is ongoing and is on the basis of Pass/Fail. It comprises:

- 5 x 1000-word reflective learning journals (after each Intensive)
- 2 x 3000-word essays (Discernment, Spirituality of Human Life Stages)
- verbatim reports and class presentations
- maintaining a supervision log with reflections
- ongoing and final assessment by supervisors.

Fees

All fees in this brochure are given in Australian Dollars.

The fee for participants studying the Emmaus Supervision Program in 2023/24 is \$9,500.

Participants will need to achieve 15 hours of supervision on supervisory practice during/post training. Allowance should therefore be made for this cost, which would be payable to an appropriately-qualified supervisor.

If participants do not have a recent psychological assessment, they will also need to take this test, which costs approx \$300. (Information on where to take the test will be provided.)

It should be noted that Australian Government FEE-HELP is not available for the Emmaus Supervision Program.

Application Process

Please complete the Emmaus application form at www.heartoflife.melbourne, including an autobiography following the guidelines provided. The Personal Statement of Eligibility at the end of the application form should also be completed and signed.

The names, email addresses and telephone numbers of two referees should be provided in support of your application.

Applications for the Emmaus Program close on 1 December 2022. On receipt of an application, arrangements will be made for a personal interview, and information provided regarding having a psychological assessment.

Please address applications to:

*Director
Heart of Life Centre for Spiritual & Pastoral
Formation
Rear 41 Stanhope Street
Malvern VIC 3144
Australia
Email: secretary@heartoflife.melbourne*

EMMAUS CALENDAR 2023/24

Sem 1/2023

Orientation & Supervision Introduction: Fri-Sat, 3-4 Feb 2023, 10am-5pm
Spirituality of Human Life Stages A 14 x Mondays, 13 Feb - 5 Jun, 11am-12.45pm

Mid-Semester Break

Theory & Practice of Supervision 1 Wed-Sat, 19-22 Apr 2023, 10am-5pm

Mid-Year Break

Theory & Practice of Supervision 2 Wed-Sat, 28 Jun-1 Jul 2023, 10am-5pm

Sem 2/2023

Discernment 14 x Wednesdays, 19 Jul-15 Nov, 9am-10.45am

Mid-Semester Break

Theory & Practice of Supervision 3 Wed-Sat, 20-23 Sep 2023, 10am-5pm

End of Semester

Summary & Evaluations Wed-Sat, 8-11 Nov 2023, 10am-5pm

Sem 1/2024

*Monthly Supervision input/practice Fridays, 10am-5pm:
23 Feb, 22 Mar, 26 Apr, 24 May, 21 Jun*

Cover image: "Road to Emmaus", original artwork by Daniel Bonnell, used with permission. Bonnellart.com



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