



Heart of Life

Centre for Spiritual & Pastoral Formation



Emmaus

Program for the Formation of Supervisors

February – November 2024

Awareness... in the Breaking of the Bread

Two disciples leave Jerusalem on a seven-mile journey to the village of Emmaus. Their demeanour is downcast as they reflect on the life of Jesus of Nazareth in whom they had placed such faith and hope until his untimely, brutal death snatched him from them. On their journey, they are joined by a third person who responds to their confusion and despondency by contextualizing the life and death of Jesus in the spread of salvation history.

The Emmaus Supervision Program draws directly on this encounter. It is Christocentric in its spirituality, praxis-oriented, and firmly based in grounded theory.

About Emmaus

The program is offered in collaboration with the University of Divinity's School of Professional Practice, and as such, students will have the option of completing their studies to receive a Graduate Certificate in Professional Supervision – Emmaus (FEE-HELP available) or as an audit student to receive a Certificate of Completion from Heart of Life.

Heart of Life's Emmaus course is a Recognised Supervisor Training Program with the Australasian Association of Supervision (AAOS).

Academic Expectations of the Program

Every student is interviewed prior to starting the program and the parameters, expectations, workloads and code of conduct is clearly outlined. Any student who agrees to undertake study with us, also agrees to the program guidelines.

If a student is unable to fulfill the requirements of the program, consideration will be given on a case-by-case basis and extensions or reasonable allowances will be made in line with our academic policies. At such time as a student is no longer able to fulfill the requirements of the course, steps will be undertaken to find a suitable deferment schedule or exit from the program if a deferment is not desired.

Aims of the Program

The Emmaus Supervision Program is concerned with the formation of competent, experienced Supervisors.

The lecturers and supervisors at Heart of Life foster a contemplative approach whereby supervisors-in-formation become more and more attuned to discernment in themselves and in their supervisees.

Program Content

The theory and practice of supervision is undertaken as Intensives.

Participants will:

- be required to supervise for 80 hours
- undertake individual and group supervision with the presentation of a set number of verbatims, which are both detailed and praxis-oriented, and include a theological reflection
- be required to attend all supervision modules.

It is preferred that participants attend the supervision intensives in-person where possible.

Pre-requisites

Applicants are expected to have:

- at least five years' experience in their particular ministry
- an ability to reflect on their experience and ministry
- at least six months of receiving individual and ministry supervision
- a basic understanding/study of theology, spirituality, scripture or psychology
- have a level of English IELTS 5.5 General with at least 5.0 in each of the four bands
- a psychological assessment (by arrangement, if one not already available)
- personal interview, by arrangement.

Assessment

Assessment includes:

- reflective learning journals (after each Intensive)
- verbatim reports and class presentations
- ongoing peer and supervisor assessment 'in the room'
- additional written work as required

Fees

All fees are given in Australian Dollars.

The fee for participants studying the Emmaus Supervision Program to receive a 'Certificate of Completion from Heart of Life' is \$8875.00 – this includes all UD/Heart of Life tuition; access to ARK online resource platform; reflection/retreat days; individual supervision-on-supervision sessions by qualified UD approved supervisor.

For applicants choosing to study for the University of Divinity accredited 'Graduate Certificate Professional Supervision – Emmaus', an additional \$1,041 should be added to the above amount totalling \$9,916 (this includes cost of two retreats). Government FEE-HELP is available for Tuition fees to qualifying Australian citizens. For more information on FEE-HELP, see www.studyassist.gov.au

Please Note

If participants do not have a recent psychological assessment, they will also need to take this test, which costs approx \$300. (Information on where to take the test will be provided.)

Application

Applications for the Emmaus Program close on 14 January 2024.

Please address applications to:

Program Director
Heart of Life Centre for Spiritual
& Pastoral Formation
69 Alto Avenue
Croydon VIC 3165
Australia

Email: manager@heartoflife.melbourne

Emmaus Calendar 2024

Orientation/Introduction Retreat:	Friday 23 February – Saturday 24 February
Intensive 1:	Monday 26 February – Friday 1 March
Intensive 2:	Monday 29 April – Friday 3 May
Intensive 3:	Monday 29 July – Friday 2 August
Intensive 4:	Monday 30 September – Friday 4 October
Final Retreat:	Friday 15 November – Saturday 16 November



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Heart of Life is a ministry of the Missionaries of the Sacred Heart (MSC) in Australia

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