

Let the Heart Listen

This part-time formation program is an invitation to:

- enter into a process of transformation, connecting you with the deeper mysteries of your own heart
- open your heart in compassion for, and connection to and with others
- deepen your relationship with your Divine Companion, especially in the vulnerable aspects of your life



Apply using online or downloadable form at <https://www.heartoflife.melbourne/spiritual-formation/let-the-heart-listen-program/>

Bookings close 12 Feb 2024 Cost \$895

A 15 week x 3 hour program
Thursdays, 22 Feb 2024 to 20 Jun 2024 (excluding 4 & 11/4/24)
9.30am - 12.30pm

Facilitators: Carole Carmody rsm, Julie Adam

Seminar Work

Principles of listening and discernment

Facilitated group participation

Guided reflection

Feedback from facilitators and peers

Self and peer evaluation



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