



Heart of Life

Centre for Spiritual & Pastoral Formation



EMMAUS

Program for the Formation of Supervisors

(on campus or online)

Feb 2024 to Jun 2025, Part-time

*To enliven the divine spark in people's hearts
through contemplative formation*

The foundation of the Emmaus Supervision Program:

Awareness... in the Breaking of the Bread

Two disciples leave Jerusalem on a seven-mile journey to the village of Emmaus. Their demeanour is downcast as they reflect on the life of Jesus of Nazareth in whom they had placed such faith and hope until his untimely, brutal death snatched him from them. On their journey, they are joined by a third person who responds to their confusion and despondency by contextualizing the life and death of Jesus in the spread of salvation history.

The Emmaus Supervision Program draws directly on this encounter. It is Christocentric in its spirituality, praxis-oriented, and firmly based in grounded theory.

Aim

The Emmaus Supervision Program is concerned

with the formation of competent, experienced Supervisors.

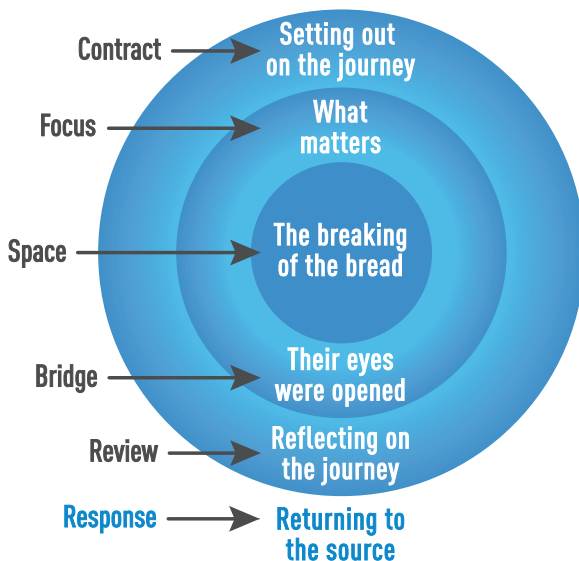
The lecturers and supervisors at Heart of Life foster a contemplative approach whereby supervisors-in-formation become more and more attuned to discernment in themselves and in their supervisees.

Pre-requisites

Applicants are expected to have:

- at least five years' experience in their particular ministry
- an ability to reflect on their experience and ministry
- at least six months of receiving individual ministry supervision
- a basic understanding/study of theology, spirituality, scripture or psychology
- have a level of English IELTS 5.5 General, with at least 5.0 in each of the four bands

The Supervision Journey in the Emmaus Program



'What matters...' (taken from Jesus' question to the two disciples: 'What matters are you discussing as you walk along?'; also having a dual meaning).

'The breaking of the bread' (the critical moment in the Emmaus story, again with a dual meaning of 'breaking open' other possibilities in our experience).

'Their eyes were opened...' (with the dual meaning of recognising the risen Christ and experiencing deeper insights into ourselves and others).

'Reflecting on the journey' ('Were not our hearts burning within us while He talked with us on the road and opened the Scriptures to us?' Luke 24:32)

(based on the supervision model 'Cyclical Model as a Container', copyright Steve Page & Val Wosket, 2001)

- a psychological assessment (by arrangement, if one not already available)
- personal interview, by arrangement.

Emmaus Supervision Program

The Emmaus Supervision Program is available for face-to-face learning or via Zoom, hence applicants from Melbourne as well as interstate and overseas may apply.

The Emmaus approach to formation is soundly experiential and is based on theological, biblical and social sciences theory and praxis. A discerning, contemplative attitude is integral to seminars and practical work.

Regular reflection, prayer time and a commitment to one's own spiritual development are essential to the program.

On successful completion of the program, participants will receive a Certificate of Completion from Heart of Life as an Australasian Association of Supervision (AAOS) Recognised Supervisor Training Program.

Completing the Emmaus course exceeds the recommended hours for theory and practice set by AAOS. Unlike some other supervision training programs, Emmaus graduates will have the requisite training hours to register as an AAOS Supervisor upon completion of the program, if graduates already have three years' experience as a supervisor.

Content

The theory and practice of supervision is undertaken as Intensives.

Participants will:

- be required to supervise for 80 hours
- undertake individual and group supervision with the presentation of a set number of verbatims, which are both detailed and praxis-oriented, and include a theological reflection
- be required to attend all supervision modules.

It is preferred that participants attend the supervision Intensives in-person where possible.

The program also includes participation in 'Spirituality of Human Life Stages' and 'Discernment' - dates to be advised.

Assessment

Assessment is ongoing and is on the basis of Pass/Fail. It comprises:

- 5 x 1000-word reflective learning journals (after each Intensive)
- 2 x 3000-word essays (Discernment, Spirituality of Human Life Stages)
- verbatim reports and class presentations
- maintaining a supervision log with reflections
- ongoing and final assessment by supervisors.

Fees

All fees in this brochure are given in Australian Dollars.

The fee for participants studying the Emmaus Supervision Program in 2024/25 is \$9,500.

If participants do not have a recent psychological assessment, they will also need to take this test, which costs approx \$300. (Information on where to take the test will be provided.)

It should be noted that Australian Government FEE-HELP is not available for the Emmaus Supervision Program.

Application Process

Please complete the Emmaus application form at www.heartoflife.melbourne, including the Personal Statement of Eligibility and an autobiography following the guidelines provided.

The Emmaus formation group consists of a small number of participants each year, providing the best environment for the course praxis in particular. For this reason, and because of the level of interest in the program each year, a \$500 application fee is payable when candidates apply, which is later deducted from the course fees. The application fee holds a potential seat in the program until a formal Offer of a Place is made. (The \$500 fee is refundable if an Offer of a Place is not made.)

Applications for the Emmaus Program close on 15 October 2023. On receipt of an application, arrangements will be made for a personal interview, and information provided regarding having a psychological assessment. Please address applications to:

*Director
Heart of Life Centre for Spiritual & Pastoral
Formation
Rear 41 Stanhope Street
Malvern VIC 3144
Australia
Email: secretary@heartoflife.melbourne*

EMMAUS CALENDAR 2024/25

2024

Dates of classes to be advised. Theory & Practice sessions are provided below.

<i>Orientation/Supervision Introduction:</i>	<i>Fri-Sat, 2-3 Feb 2024, 10am-5pm</i>
<i>Theory & Practice of Supervision 1</i>	<i>Wed-Sat, 10-13 Apr 2024, 10am-5pm</i>
<i>Theory & Practice of Supervision 2</i>	<i>Wed-Sat, 26-29 Jun 2024, 10am-5pm</i>
<i>Theory & Practice of Supervision 3</i>	<i>Wed-Sat, 25-28 Sep 2024, 10am-5pm</i>
<i>Summary & Evaluations</i>	<i>Wed-Sat, 6-9 Nov 2024, 10am-5pm</i>

2025

<i>Supervision input/practice</i>	<i>Fridays, 10am-5pm: 28 Feb, 28 Mar, 2 May, 23 Jun</i>
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Cover image: "Road to Emmaus", original artwork by Daniel Bonnell, used with permission. Bonnellart.com



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