



Heart of Life

Centre for Spiritual & Pastoral Formation



EMMAUS

Program for the Formation of Supervisors

(on campus or online)

Feb 2024 to Jun 2025, Part-time

*To enliven the divine spark in people's hearts
through contemplative formation*

The foundation of the Emmaus Supervision Program:

Awareness... in the Breaking of the Bread

Two disciples leave Jerusalem on a seven-mile journey to the village of Emmaus. Their demeanour is downcast as they reflect on the life of Jesus of Nazareth in whom they had placed such faith and hope until his untimely, brutal death snatched him from them. On their journey, they are joined by a third person who responds to their confusion and despondency by contextualizing the life and death of Jesus in the spread of salvation history.

The Emmaus Supervision Program draws directly on this encounter. It is Christocentric in its spirituality, praxis-oriented, and firmly based in grounded theory.

Aim

To form competent, experienced Supervisors.

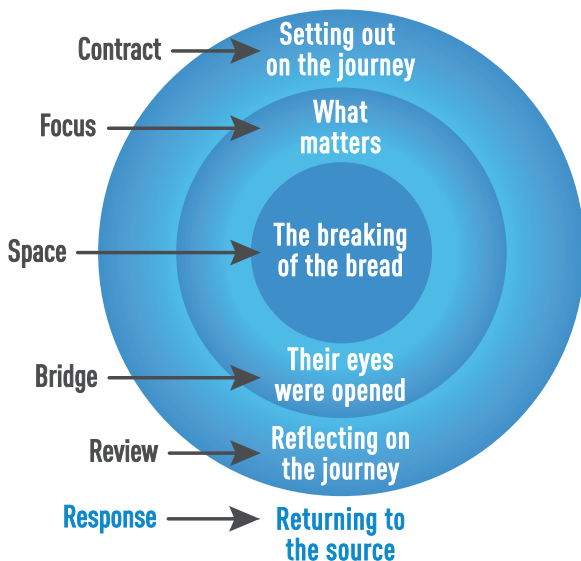
The lecturers and supervisors at Heart of Life foster a contemplative approach whereby supervisors-in-formation become more and more attuned to discernment in themselves and in their supervisees.

Pre-requisites

Applicants are expected to have:

- at least five years' experience in their particular ministry
- an ability to reflect on their experience and ministry
- at least six months of receiving individual ministry supervision
- basic study in theology, spirituality, scripture or psychology
- have a level of English IELTS 5.5 General, with

The Supervision Journey in the Emmaus Program



'What matters...' (taken from Jesus' question to the two disciples: 'What matters are you discussing as you walk along?'; also having a dual meaning).

'The breaking of the bread' (the critical moment in the Emmaus story, again with a dual meaning of 'breaking open' other possibilities in our experience).

'Their eyes were opened...' (with the dual meaning of recognising the risen Christ and experiencing deeper insights into ourselves and others).

'Reflecting on the journey' ('Were not our hearts burning within us while He talked with us on the road and opened the Scriptures to us?' Luke 24:32)

(based on the supervision model 'Cyclical Model as a Container', copyright Steve Page & Val Wosket, 2001)

at least 5.0 in each of the four bands

- a psychological assessment (by arrangement, if one not already available)
- personal interview, by arrangement.

Emmaus Supervision Program

The Emmaus Supervision Program is available for face-to-face learning or via Zoom, hence applicants from Melbourne as well as interstate and overseas may apply.

The Emmaus approach to formation is soundly experiential and is based on theological, biblical and social sciences theory and praxis. A discerning, contemplative attitude is integral to seminars and practical work.

Regular reflection, prayer time and a commitment to one's own spiritual development are essential to the program.

On successful completion of the program, participants will receive a Certificate of Completion from Heart of Life.

Content

The theory and practice of supervision is undertaken as Intensives.

Participants will:

- be required to supervise for 80 hours
- undertake individual and group supervision with the presentation of a set number of verbatims, which are both detailed and praxis-oriented, and include a theological reflection
- be required to attend all supervision modules.

It is preferred that participants attend the supervision Intensives in-person where possible.

The program also includes participation in the 14-week seminars 'Discernment' and 'Spirituality of Human Life Stages'.

Assessment

Assessment is ongoing and is on the basis of Pass/Fail. It comprises:

- 5 x 1000-word reflective learning journals (after each Intensive)
- 2 x 3000-word essays (Discernment, Spirituality of Human Life Stages)
- verbatim reports and class presentations
- maintaining a supervision log with reflections
- ongoing and final assessment by supervisors.

Fees

All fees in this brochure are given in Australian Dollars.

The fee for participants studying the Emmaus Supervision Program in 2024/25 is \$9,500.

Participants will need to achieve 15 hours of supervision on supervisory practice during/post training. Allowance should therefore be made for this cost, which would be payable to an appropriately-qualified supervisor.

If participants do not have a recent psychological assessment, they will also need to take this test, which costs approx \$300. (Information on where to take the test will be provided.)

It should be noted that Australian Government FEE-HELP is not available for the Emmaus Supervision Program.

Application Process

Please complete the Emmaus application form at www.heartoflife.melbourne, including the Personal Statement of Eligibility and an autobiography following the guidelines provided.

The Emmaus formation groups consist of a small number of participants each year, providing the best environment for the course praxis in particular. For this reason, and because of the level of interest in the program each year, a \$500 application fee

is payable when candidates apply, which is later deducted from the course fees. The application fee holds a potential seat in the program until a formal Offer of a Place is made. (The \$500 fee is refundable if an Offer of a Place is not made.)

Applications for the Emmaus Program close on 15 October 2023. On receipt of an application, arrangements will be made for a personal interview, and information provided

regarding having a psychological assessment. Please address applications to:

*Director
Heart of Life Centre for Spiritual & Pastoral
Formation
Rear 41 Stanhope Street
Malvern VIC 3144
Australia
Email: secretary@heartoflife.melbourne*

EMMAUS CALENDAR 2024/25 - Dates to be confirmed

Sem 1/2024 *Orientation/Supervision Introduction: Fri-Sat, 2-3 Feb 2023, 10am-5pm
Human Life Stages A 14 x Mondays, 11am-12.45pm, 12 Feb - 3 Jun
(excluding 11/3/24, 1-8/4/24)*

Mid-Semester Break

Theory & Practice of Supervision 1 Wed-Sat, 10-13 Apr 2024, 10am-5pm

Mid-Year Break

Theory & Practice of Supervision 2 Wed-Sat, 26-29 Jun 2024, 10am-5pm

Sem 2/2024 *Discernment 14 x Wednesdays, 9am-10.45am, 17 Jul-6 Nov
(excluding 18/9/24-2/10/24)*

Mid-Semester Break

Theory & Practice of Supervision 3 Wed-Sat, 25-28 Sep 2024, 10am-5pm

End of Semester

Summary & Evaluations Wed-Sat, 6-9 Nov 2024, 10am-5pm

Sem 1/2025

*Supervision input/practice Fridays, 10am-5pm:
28 Feb, 28 Mar, 2 May, 23 May, 27 Jun*

Cover image: "Road to Emmaus", original artwork by Daniel Bonnell, used with permission. Bonnellart.com



Heart of Life Centre for Spiritual & Pastoral Formation

Rear 41 Stanhope Street, Malvern Victoria 3144, Australia

Tel: (+61 3) 9890 1101

Email: info@heartoflife.melbourne

Web: www.heartoflife.melbourne

Heart of Life is sponsored by the Missionaries of the Sacred Heart

revised 24/5/2023