

# Let the Heart Listen

This part-time formation program is an invitation to:

- enter into a process of transformation, connecting you with the deeper mysteries of your own heart
- open your heart in compassion for, and connection to and with others
- deepen your relationship with your Divine Companion, especially in the vulnerable aspects of your life

A 15 week x 3 hour program  
Thursdays, 23 February to 15 June 2023  
9.30am - 12.30pm  
Facilitators: Carole Carmody rsm, Julie Adam

## ***Seminar Work***

*Principles of listening and discernment*  
*Facilitated group participation*  
*Guided reflection*  
*Feedback from facilitators and peers*  
*Self and peer evaluation*



Application form available from  
[www.heartoflife.melbourne](http://www.heartoflife.melbourne) or  
[info@heartoflife.melbourne](mailto:info@heartoflife.melbourne)  
Bookings close 16 Feb 2023 Cost \$720



## **Heart of Life Centre for Spiritual & Pastoral Formation**

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