



Heart of Life

Centre for Spiritual
& Pastoral Formation

2023 Program

40 Years of Service



Ministry Formation Programs

Siloam: Full-time or Part-time Program for the Formation of Spiritual Directors (Graduate Dip. in Spiritual Direction) *(in-person or online)* *1 year full-time*
2 years part-time

The internationally-renowned Siloam Program for the Formation of Spiritual Directors continues to guide candidates from Australia and around the world along the path of contemplative discernment, following the way of the heart. Siloam can be undertaken over one year full-time, or two years part-time (Mondays, 9am-5pm) with in-person or online options.

Please see the detailed Siloam brochure and application form on our website.

In addition to Spiritual Direction practicums, the seminars offered are:

- Religious Experience
- Discernment
- Grace & Conversion
- Spirituality of Human Life Stages A & B
- The Nature of Human Experience and the Human Experience of the Divine
- Ecological Spirituality
- Professional Standards in Ministry

Siloam may also be undertaken as a Graduate Diploma in Spiritual Direction through the University of Divinity. Fee-Help for tuition fees is available to qualifying Australian citizens.

The Siloam Formation Team includes: Carole Carmody rsm, Sue Gesell, Dora Ghaitidis, Leslie Hanger, Peter Hay, Apryl Huglin and Marlene McGrath.



Emmaus Supervision Program* *(in-person or online)*

18 months part-time
Feb of Yr 1 to Jun of Yr2

The Emmaus Supervision Program has been developed in response to the demand for professional supervisors for those in individual ministry. It is a program for the formation of competent, experienced, professional supervisors. The program draws on the encounter of the two disciples with Jesus on the road to Emmaus.



The Emmaus Supervision Program is open to those who are drawn to support the ministry journey of others, and seek to discern whether they may be called to the ministry of supervision. The program is offered over 18 months with a mix of part-time and intensive study and is available in-person or online via Zoom.

Emmaus is recognised as a Registered Supervisor Training Program by the Australasian Association of Supervision.

The *Emmaus* approach to formation is soundly experiential. It is Christocentric in its spirituality, praxis-oriented, and firmly based in grounded theory. The program includes:

- Theory & Practice of Supervision
- Discernment
- Spirituality of Human Life Stages
- Professional Standards

The Emmaus Formation Team includes: Joan Wright Howie, Peter Hay, Jo Sullivan.

Visit our website for the *Emmaus* brochure and application form.

Damascus Spiritual Leaders Program* 1 year part-time
(Graduate Cert. in Divinity) (in-person or online) Feb to Nov



This part-time formation program takes a transformative, contemplative approach to ministry formation. It focuses on the integration of theory and the personal experience of spiritual listening.

The program draws on the story of Saul/Paul, whose surrender to God set him on a new leadership path that would impact generations.

Damascus is designed for those who support the spiritual journey of others—formators, clergy, lay ecclesial ministers, spiritual health workers, community and spiritual leaders, pastoral care practitioners, school principals and others who are in positions of leadership in faith communities.

Available in-person/online, the Graduate Certificate in Divinity is awarded by the University of Divinity and consists of three units:

- DD8703Y Personal Awareness & Human Development
- DP8002S Leadership Formation & Praxis
- DP9611C Teaching Meditation & Prayer

The program is delivered as: 28 x Mondays mornings (11am-12.45pm) and 11 x Saturdays (10am-4pm).

Students will also receive 4 x 1-hour supervision sessions at a mutually-agreed time during the program.

Damascus can also be undertaken as an Audit student to receive a Heart of Life award in Spiritual Leadership.

Visit our website for the *Damascus* brochure and application form.

Let the Heart Listen* (in-person or online) 1 semester part-time
Carole Carmody rsm, Julie Adam 15 x Thursday mornings, Feb to Jun

Let the Heart Listen is a part-time formation program for people involved in listening to, and supporting others, in life's journey. The focus is on learning through the experience of contemplative listening and responding with heart to oneself, to others, and to God.

This part-time formation program on Thursday mornings is an invitation:

- to enter into a process of transformation, connecting you with the deeper mysteries of your own heart
- to open your heart in compassion for, and connection to and with others
- to deepen your relationship with your Divine Companion, especially in the vulnerable aspects of your life.



The content covered in the program includes: principles of listening and discernment; facilitated group participation; guided reflection; feedback from facilitators and peers; and self and peer evaluation.

Please see our website for the brochure and application form, or email info@heartoflife.melbourne for more information.

2023 Term Dates at Heart of Life

Term 1: 13 Feb–6 Apr	Term 3: 17 Jul–15 Sep
Term 2: 24 Apr–23 Jun	Term 4: 2 Oct–17 Nov

* recommended as professional development for spiritual directors and others in ministry

Spiritual Direction#

In Spiritual Direction, the caring presence of another moves us to a freedom to speak about whatever is deep within our heart, and in doing so, be valued and encouraged.

Our Spiritual Directors' focus is on being attuned to the Spirit of God in ourselves and in the other person. The practice is to offer a compassionate, contemplative, listening heart to another. The 'direction' we speak of is towards God and our true freedom.

Available in-person or via Zoom. Tel (03) 9890 1101

Spiritual Direction

Heart of Life offers the ministry of Spiritual Direction: an ancient Christian practice in which seekers of God open their hearts to a trusted other, to grow in inner freedom and love.

*For further information and initial interview, please contact
Marlene McGrath at Heart of Life, tel: (03) 9890 1101*

Individual & Group Supervision#

Supervision is an essential requirement for anyone involved in pastoral ministry. It is available from Heart of Life in-person or via Zoom.

'Normative participation in professional/pastoral supervision is no less than six hours per year for all those in active ministry.'

Catholic Professional Standards Ltd (CPSL) Standard 5.5.3

Heart of Life endeavours to uphold the integrity of this ministry by offering Individual or Group Supervision, where pastoral journeys are shared, and skills and sensitivity increased through professional guidance. Contact Heart of Life for further information on tel (03) 9890 1101.

Retreats

Retreat in Everyday Life *(times and dates to be advised)*

Peter Hay, Dora Ghaitidis, Marlene McGrath, Sue Gesell, Apryl Huglin

Retreat in Everyday Life involves a commitment to daily prayer and weekly spiritual accompaniment for five weeks. It is an opportunity to recognise God's presence in our everyday lives.

Please contact us to be put on the list for this Retreat and we will contact you well in advance regarding the dates and times once set. The Retreat usually occurs on five consecutive Mondays in July/August. Cost: Donation

Individually-directed Retreats

Arrangements can be made for an individually-directed retreat with one of Heart of Life's spiritual directors. Contact us on tel (03) 9890 1101 for further information.

Live-in Retreats

Heart of Life has had a long association with The Cliffs Retreat in the seaside town of Shoreham, Victoria, where three cottages are available for live-in retreats, self-catered.

Contact Arthur Shearman for details and bookings, tel (03) 5989 8777, www.thecliffsretreat.com

considered essential for spiritual directors and those in any form of individual ministry

Outreach Ministry

Supporting Parishes

The staff at Heart of Life has access to an extensive list of practitioners with a wealth of experience working with parishes to design spiritual enrichment programs for groups and individuals. These days, afternoons, weekends or weekly series could be created for your parish leaders, support staff, or your congregation.

The Heart of Life staff can assist with the following:

- offering guided reflection and small group facilitation on a particular theme, ie guided meditation, prayer, Catholic social teaching, mission, the giftedness of our identity, listening circles, contemplative dialogue, spiritual conversations, art as therapy, intercultural, photography as a spiritual practice;
- working with new ministers in a collaborative approach to ministry;
- facilitating a newly-formed parish pastoral council;
- providing group supervision to groups and dioceses.

For further information, contact Heart of Life on tel (03) 9890 1101.



Teachers & Schools - Staff Spirituality Days

Heart of Life has access to an extensive list of practitioners who can provide a day or a few hours of spiritual renewal to school staff. This would be designed specifically for your staff and facilitated by a qualified spiritual director or supervisor. Possible topics include: religious education and theology, prayer and reflection, and other faith formation activities that encourage and support participants to nurture their own faith.

'Leadership Lessons from Lasso' is one example of a session or series that we could bring to your staff. The excellent feedback we have had from schools includes *'I've had such positive feedback from a variety of staff this week about the Lasso/formation. One common glowing reference was the spirit and energy brought to these sessions, especially at times when staff were struggling with the demands that come with teaching.'*

Contact us to explore how we might help to build your staff and school community with CECV-Accredited Programs.

CECV-Accredited Programs

Heart of Life works with the Catholic Education Commission of Victoria (CECV) for relevant reflection events to be approved as professional development hours for teachers to gain or maintain accreditation to teach or lead in Catholic schools.

Check our Teachers' Resources webpage regularly for updates on approved programs and events.

Alumni

Alumni Program 2023

Our annual program includes reflection events led by our staff, alumni and others in the Heart of Life community. Additional offerings are noted on our website regularly. If you would like to share your gifts, please let us know. Any programs offered that contribute to professional development hours are noted accordingly.

Heart to Practise (H2P)

9 x 4th Friday of month, Mar-Nov, 1pm-2pm

Following the success of this graduate program in the last two years, we will be offering our 2022 Siloam & Spiritual Leaders graduates the opportunity to remain connected with Heart of Life as they take up their spiritual roles. This is in the form of ongoing professional development with group supervision. Topics will be tailored to meet the needs and interests of the group and guest presenters secured as required.

Please register via email: info@heartoflife.melbourne
Discounted cost: \$150

Heart for Life (H4L) Lunchtime Program

9 x 1st Wednesday of month, Mar-Nov, 1pm-2pm

This year, we will offer peer group supervision for anyone in individual ministry. Similar to Heart to Practise, groups will be supported by a Heart of Life supervisor to provide professional group supervision as well as professional development. Topics will be tailored to meet the needs and interests of the group and guest presenters secured as required.

Please register via email: info@heartoflife.melbourne
Group size limited to 6 people. Cost: \$200

Seminars

Any of the following Siloam seminars can be attended as an Audit student. Please book and pay up to one week before start. Book via our website, tel (03) 9890 1101 or email info@heartoflife.melbourne

Semester 1

Religious Experience *(in-person or online)*

Teaching Team

14 x Mondays, 9am–10.45am, 13 Feb to 5 Jun

The varieties of religious experience, Biblical and theological foundations, symbols and storytelling, as well as religious experience as the focus of spiritual direction, are examined and reflected upon. Cost: \$475

Discernment* *(online)*

Jeff Hood

14 x Mondays, 9am–10.45am, 13 Feb to 5 Jun

This seminar is for those who wish to explore the spiritual movements of God in their own lives, and in the lives of those we walk alongside. How do we make good decisions? How do we know if something is of God or something we wish for ourselves, or are they the same? Over 14 weeks, we will explore the ancient tradition of spiritual discernment and how this can guide us in everyday life. Cost: \$475

The Nature of Human Experience and the Human Experience of the Divine* *(in-person or online)*

Robyn Reynolds olsh

14 x Mondays, 11am–12.45pm, 13 Feb to 5 Jun

This seminar is an opportunity to slow down and grow in appreciation of the rich tapestry of God in our lives, giving insights that help us to remain with others in their struggles and their joys. It offers space to reflect on experiences described by classical writers about God and prayer, and to explore our own experience of God, while incorporating visual and narrative arts, images and imagination. Cost: \$475

Spirituality of Human Life Stages A* *(in-person or online)*

Lynn Moresi

14 x Mondays, 11am–12.45pm, 13 Feb to 5 Jun

This seminar is for those who wish to explore how we grow spiritually over a lifetime, to enable us to hear and hold others' stories and come alongside them as they stretch and grow with God in their daily lives. Several 'life stage' models of human development are examined, along with the spiritual aspects of mental health problems. Cross-cultural factors are also examined to enable us to respect the needs of culturally and linguistically diverse individuals. Cost: \$475

Spirituality of Human Life Stages B* *(in-person)*

Lynn Moresi

14 x Wednesdays, 9am–10.45am, 15 Feb to 31 May

This seminar examines the role of emotions in forming healthy self-awareness and development; processing anger; acknowledging shame; recognising our moral agendas; the core virtues of faith, hope and love. It also examines a spiritual director's understanding of how the range of both painful and affirming emotions contribute to a person's self-engagement and relationships with others. Painful emotions, grief and loss, gender identity and sexuality, and love and friendship will be explored from the developmental perspective. Cost: \$475

Grace & Conversion* *(in-person)*

Robyn Reynolds olsh

14 x Thursdays, 9am–10.45am, 16 Feb to 1 Jun

Grace may be recognised, rejected or received in our lives. This seminar is for those who wish to explore their life experiences and allow God to invite them to enter more deeply into our humanity, with all its ambiguities, so we can better listen and accompany others in their lives. We examine the nature of divine grace and explore manifestations of grace in revelation, life events, creation, and human experience. In weeks 8-14, we reflect on the experience of conversion, from the perspectives of theology, human development theory and our own lived experiences. Cost: \$475

Professional Development for Supervisors: Emmaus+ I : Supervision of Spiritual Directors*

(in-person preferred with online available for interstate and rural participants)

4 x Tues, 2, 9, 16 & 23 May, 10am–5pm OR

4-day Intensive, Wed 23 Aug to Sat 26 Aug, 10am–5pm

This program is run as an additional seminar to the Emmaus Supervision Program, continuing the archetypal journey of discovery of the encounter of the two disciples with Jesus on the road to Emmaus.

Drawing on Maureen Conroy's text '*Looking into the Well: Supervision of Spiritual Directors*', it is designed for graduates of *Emmaus* and other supervision training programs, and those with experience as a formator in a spiritual direction training program supervising students.

The seminar will explore the holding space of supervision of spiritual directors.

Supervision of spiritual directors is grounded in a fundamental assumption that within and beyond the workplace, God is present.

This unique focus in the ministry of supervision of spiritual directors will serve as a vital element in professional development for supervisors who wish to work with spiritual directors.

The seminar provides a framework for contemplative supervision with a focus on supporting discernment, spiritual growth patterns, healing and fostering interior freedom.

The conversation Jesus has with a woman at a well in Samaria is explored as a model for supervision of spiritual directors.

Visit our website for more information.

* recommended as professional development for spiritual directors and others in ministry

Semester 2

Ecological Spirituality* *(in-person or online)*

Peter Hay

14 x Mondays, 9am–10.45am, 17 Jul to 6 Nov

This seminar is for all with a passion for our earth, who are wondering how we, as Christians, are called to impact our world and support those around us in their struggles too. It invites us to contemplate God at the heart of the dynamic, evolutionary universe, and explores the ways we may understand ourselves and our relationships within this inter-related and inter-dependent community of life. Cost: \$475

Grace & Conversion* *(in-person or online)*

To be advised

14 x Mondays, 9am–10.45am, 17 Jul to 6 Nov

See description on p6.

Spirituality of Human Life Stages B* *(in-person or online)*

Lynn Moresi

14 x Mondays, 11am–12.45pm, 17 Jul to 6 Nov

See description on p6.

Professional Standards in Ministry* *(in-person or online)*

Clare Shearman

14 x Mondays, 11am–12.45pm, 17 Jul to 6 Nov

This seminar is for all who are interested in living an ethical life, with a focus for people in ministry—priests, pastors, chaplains, pastoral care practitioners, professional supervisors and spiritual directors. It studies the philosophy of ethics and provides an opportunity for us to consider our lived experience of taking (or not taking) ethical stances. It will encourage us to develop our own personal ethical framework. It will also look at professional standards in different disciplines in light of the findings of The Royal Commission into Institutional Responses to Child Sexual Abuse in Australia. Cost: \$475

Discernment* *(online)*

Jeff Hood

14 x Wednesdays, 9am–10.45am, 19 Jul to 8 Nov

This seminar is for those who wish to explore the spiritual movements of God in our own lives, and in the lives of those we walk alongside. How do we make good decisions? How do we know if something is of God or something we wish for ourselves, or are they the same? Over 14 weeks, we will explore the ancient tradition of spiritual discernment and how this can guide us in everyday life. Cost: \$475

The Nature of Human Experience and the Human Experience of the Divine* *(in-person)*

To be advised

14 x Thursdays, 9am–10.45am, 20 Jul to 9 Nov

This seminar is an opportunity to slow down and grow in appreciation of the rich tapestry of God in our lives, providing insights that help us to remain with others in their struggles and their joys. It offers space to reflect on experiences described by classical writers about God and prayer, and to explore our own experience of God, while incorporating visual and narrative arts, images and imagination. Cost: \$475

Professional Development for Supervisors: Emmaus+ 1: Supervision of Spiritual Directors*

(in-person preferred with online available for interstate and rural participants)

4-day Intensive, Wed 23 Aug to Sat 26 Aug, 10am–5pm

Drawing on Maureen Conroy's Book: 'Looking into the Well: Supervision of Spiritual Directors'. See description on p6.

* recommended as professional development for spiritual directors and others in ministry

Reflection & Other Events

Heart of Life's Reflection events are facilitated, quiet times of prayer and sharing. **We invite you to check our website regularly for additional reflection events added throughout the year.**

Please book and pay at least one week in advance for all events via our website, tel 03 9890 1101 or email info@heartoflife.melbourne

A Contemplative Space *(monthly via Zoom with two in-person sessions)*

Leslie Hanger

2nd Fri of month, Mar–Nov, 10am–12pm

Come with me...and get some rest (Mark 6:31)

An invitation to take time out and nurture your soul in a contemplative space. These monthly gatherings offer opportunities for meditation, personal reflection and time for sharing. The sessions will be held online except for May and November when the group will meet in-person at Heart of Life.

This is a great opportunity to develop connections with others and support each other's contemplative journey. Join us for individual sessions or book for the entire 9 sessions commencing with 10 Mar 2023. Cost: \$25 per session or \$200 for the series

Understanding Your Personality Type: Gifts Differing* *(in-person event)*

Peter Malone msc

Sat 18 Mar, 10am–3.30pm

Our graced selves, praying, communicating...

This is a Myers Briggs reflection day. Attendees can complete the Personality Type Indicator form on the day. Cost: \$60 (BYO lunch)

Dare to Dream!* *(online series)*

Clare Shearman, Rita Malavisi rsj 5 x Wed, 3, 10, 17, 24 & 31 May, 5pm–6.30pm

"We have had dreams and there is no one to interpret them..." and Joseph said to them, "do not interpretations belong to God?" (Genesis 40:8)

Join our director, Clare Shearman, and guests in our 'dream lab'. Based on the Dreams session previously offered as part of the Siloam Program, this five-week program will:

- explore the significance of our dreams
- include the practice of dream circles
- provide guidance and practice for working with dreams—our own and others'
- consider the potential for our dreams to personally and collectively shape the future.

Cost: \$130

Joint Spirituality Centre Development Day: Masterclass: Spirituality & Conflict* *(in-person event)*

Pádraig Ó Tuama Tues 9 May, 9.30am–4pm (at Wellspring Centre, Ashburton)

Heart of Life Centre for Spiritual & Pastoral Formation, Kardia Formation, Living Well Centre and Wellspring Centre are delighted to bring those with an interest in spiritual accompaniment, a joint professional development day with Irish poet and theologian, Pádraig Ó Tuama.

Possible aspects of conflict that will be explored include:

- modes of understanding conflict from contemporary conflict resolution theories
- acknowledging conflict in prayer
- looking at narratives of conflict in sacred text; what insight do the Judaeo-Christian scriptures offer?
- love your enemies but resent your neighbour: high-scale conflict
- spirituality and power: tools for exploring the landscape of power in spiritual communities.

Pádraig brings interests in language, violence and religion to his work.

From 2014-2019, he was the leader of the Corrymeela Community, Ireland's oldest peace and reconciliation community. William Crawley of the BBC said of him "probably the best public speaker I know".

The cost for this day is \$150 (including lunch and morning tea). We invite you to pay what you can. We hope that those who can pay the full amount will pay a little extra to help cover the cost for those who can't.

Register via <https://www.trybooking.com/CFMIZ> Cost: \$150

Pondering Grief* *(in-person event)*

Linda Espie

Sat 20 May, 10am–3.30pm

This day offers an invitation to reflect on and honour our inner life of change and transition. With creativity, space and gentle guiding support, this workshop will offer a sacred place for the breadth of human experiencing and spirit to guide individual exploration. Cost: \$80 including 'Pondering Grief' book (BYO lunch)

Feast of the Sacred Heart & Celebration of Heart of Life's 40th Birthday / Book Launch

Fri 16 Jun, 11am–2pm

We invite you to join us in person as we celebrate Heart of Life's 40th anniversary and the Feast of the Sacred Heart. Light lunch included. (No charge!)



Passion on the Big Screen - A Day at the Movies with Peter Malone msc*

Peter Malone msc

Sat 17 Jun, 10am–3.30pm

We often refer to Jesus as the Word made Flesh. But Colossians 1 proclaims Jesus as the Image of the Invisible God. Religious images have always been part of spirituality. The 20th century saw moving images emerging on screens, cinemas, television and new modes of streaming. How can we relate to these images as vision for our spiritual lives? Images, symbols,

visual metaphors, Christ-figures? We appreciate Lectio Divina. Here we respond to Visio Divina, movie clips, their challenge. Cost: \$60 (BYO lunch)

Windows onto God* *(in-person event)*

Tim Lockwood cfc

Sat 29 Jul, 10am–3pm

The windows explored are incarnation, darkness, abundance and self-acceptance. Incarnation, seen in the broad sense of God being in the world, takes in the joy of being alive. With this joy, there is the experience of darkness, which is also part of our human reality. Abundance picks up the theme of incarnation. It reminds us that God is lavish with her/his gifts and wants us to enjoy them. Self-acceptance is linked to these themes since it means accepting both the darkness and the light in ourselves. An interactive event allowing time for reflection and sharing. Cost: \$60 (BYO lunch)

Treasuring Our Later Years *(in-person event)*

Nicole Rotaru rsm

Sat 5 Aug, 10am–4pm

Our ageing offers us opportunities to be awake to the new possibilities offered daily. During our time together, we will consider themes that have special significance in our later years: awakening to new possibilities in my life now; spirituality; what is giving my life meaning?; relationships; gratitude; death—mystery; intimacy and delight in God's presence. Cost \$60 (BYO lunch)

Mindfulness & Meditation *(in-person event)*

Paola Cheng

Sat 26 Aug, 10am–3.30pm

When we are present to the 'now', centredness and relaxation become a natural part of life, and we know how to act from a heart of love. This is a day of prayer in the practice of Mindfulness & Meditation. We invite you to bring an open mind and heart to journey with others and within oneself. Cost: \$60 (BYO lunch)

Enneagram Day* *(in-person event)*

Lynn Moresi

Sat 9 Sep, 9am–4.30pm

This one-day practical workshop offers a transformational experience where you will gain invaluable insight into the unique way in which we relate and respond to the people with whom we share our lives, and the world around us. Some of the topics covered include: discovering your Enneagram Type; identifying your pathways of strength and challenge; understanding/interacting with other Types; handling conflict; and effective communication. Join this small group setting for a day of fun, laughter, challenge and insight. Places limited. Cost: \$80 including notes (BYO lunch)

Waiting at the Well *(in-person event)*

Carole Carmody rsm, Julie Adam 4x Thu, 5, 12, 19 & 26 Oct, 10am–12.30pm

This series offers an opportunity for those waiting to have their thirst quenched at the Well of Life to explore the depths of wisdom in their own heart, to recognise wisdom in the encounter with another, and to dwell in the Heart of Contemplation. Cost \$100 for the series or \$30 per session.

End-of-year Commissioning Celebration

Mon 20 Nov, 7.30pm

Please join us for the Eucharist & Commissioning of our 2023 Graduands at Heart of Life. More details will be provided on our website and via our eNews towards the end of 2023. (No charge; light supper provided.)

Advent Anticipation *(in-person event)*

Gail Crisp, Cathy Beaton

Sat 25 Nov, 10am–3.30pm

An invitation into reflection. This day of prayer offers time to make space for anticipation and hope. A time to pay attention to yourself in the midst of many demands. Cost: \$60 (BYO lunch)

About Us

Heart of Life began in 1983 as an initiative of the Missionaries of the Sacred Heart whose founder, Jules Chevalier, saw the formation and education of people in spirituality of the heart as the most important task of the Congregation. He saw this education and formation as a means to reform society and “to address the ills of the day”.



Our inspiration to follow the way of the heart stems from our belief in God’s inclusive love for all people, poured into our hearts by the Holy Spirit. This mysterious love moves in our lives and our world, inviting us to an authentic, grounded and deeply human way of being.

The way of the heart rests on a contemplative attitude and an authentic discernment that underpins all that we do at Heart of Life—in our ministry formation programs, our seminars and reflection events, and our professional commitment to spiritual direction and supervision. All of these activities are located in the place where the heart finds space to speak and to be heard.

We invite you to join us, as our hearts speak our truth, our longings, and our search for all that is real, true and good.

Our Staff

Clare Shearman is Director. The Formation team includes Carole Carmody rsm, Sue Gesell, Dora Ghaitidis, Leslie Hanger, Peter Hay, Apryl Huglin, Marlene McGrath and Jo Sullivan.

Heart of Life formation is enriched by the valuable contribution of: Julie Adam, Geralyn Anderson, Jeff Hood, Peter Malone msc, Lynn Moresi, Khoi Nguyen, Pia Pagotto, Robyn Reynolds olsh, Hien Vu, Leonie Wallace pbvm, Kathleen Ward and Joan Wright Howie, as well as Cecilia Rogers (Business Manager) and Susanah Tan (Secretary).



Heart of Life

Vision

To be attuned to the mysterious Other in the heart of all creation.

(Heart of Life) Values ...

the symphony of silence in each graced encounter;
the harmony of the universe in the divine and human embrace;
the contemplative capacity of the heart nestled within life's experience.

Mission

The Mission of the Heart of Life is to enliven the divine spark in people's hearts through contemplative formation.

Heart of Life Centre for Spiritual & Pastoral Formation

Rear 41 Stanhope St, Malvern VIC 3144

Australia

Tel: (+61 3) 9890 1101

Email: info@heartoflife.melbourne

Web: www.heartoflife.melbourne

Cover image '**Heart of God**' by

Artist — Gary Rowell

<https://fineartamerica.com/profiles/gary-rowell>